

Traditions of Gullah Geechee

Just like the songs of ring shout that have been passed down from generation to generation, many other Gullah Geechee traditions have been passed along as well. Here are just a few. Can you think of some traditions that have been passed along between your family and friends?

Praise Houses



Sweetgrass Basket Weaving



Jambalaya



Herbal Remedies



Gullah Music



Tabby Slave Cabins



City Market Sweetgrass



Sea Island Red Peas

